

## **Make A Flying Checklist**

Make and use a flying checklist. Everyone is different, so make yours specific to your needs. Here are some checkpoints to get you started making your flying checklist.

- Carry identification.
- Bring emergency contact information with you.
- Bring emergency medical information with you.
- Bring and display your Nassau County RC flying permit prominently on your person while at the field.
- Always let someone know where you are going and when you are expected to return.
- If at all possible, do not go to the field alone.
- Bring clothing, nutrition, water and medication appropriate for conditions and your medical status.
- Bring a means of communication: like a cell phone.